

ADVANCING STI CARE

Epidemiology, Communication, and Updated
Treatment Guidelines

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(She, her)

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**School of Medicine
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OBJECTIVES

Describe the regional
prevalence of
STI

Identify sub-
populations at risk for
STI

Discuss STI and
Treatment updates

Review STI
Prophylaxis

ACCELERATING PROGRESS

A MESSAGE FROM THE CDC

- Increase awareness of STIs
- Collective public health efforts for prevention and control
- Increased use of innovation
 - STI self-tests
 - Newer point-of-care tests
 - Doxy PEP
- Empowering communities to prioritize STI control
 - Modernizing our systems
 - Advancing research
 - Support the public health workforce

CDC Releases 2024 National STI Data

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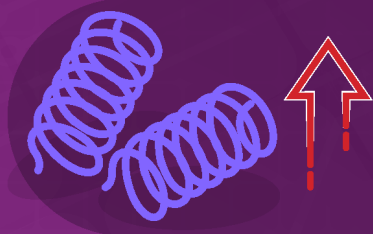
The State of STIs in the U.S. in 2024



1.5 million cases of **CHLAMYDIA**;
4% decrease since 2020.



543,409 cases of **GONORRHEA**;
20% decrease since 2020.



190,242 cases of **SYPHILIS**;
42% increase since 2020.

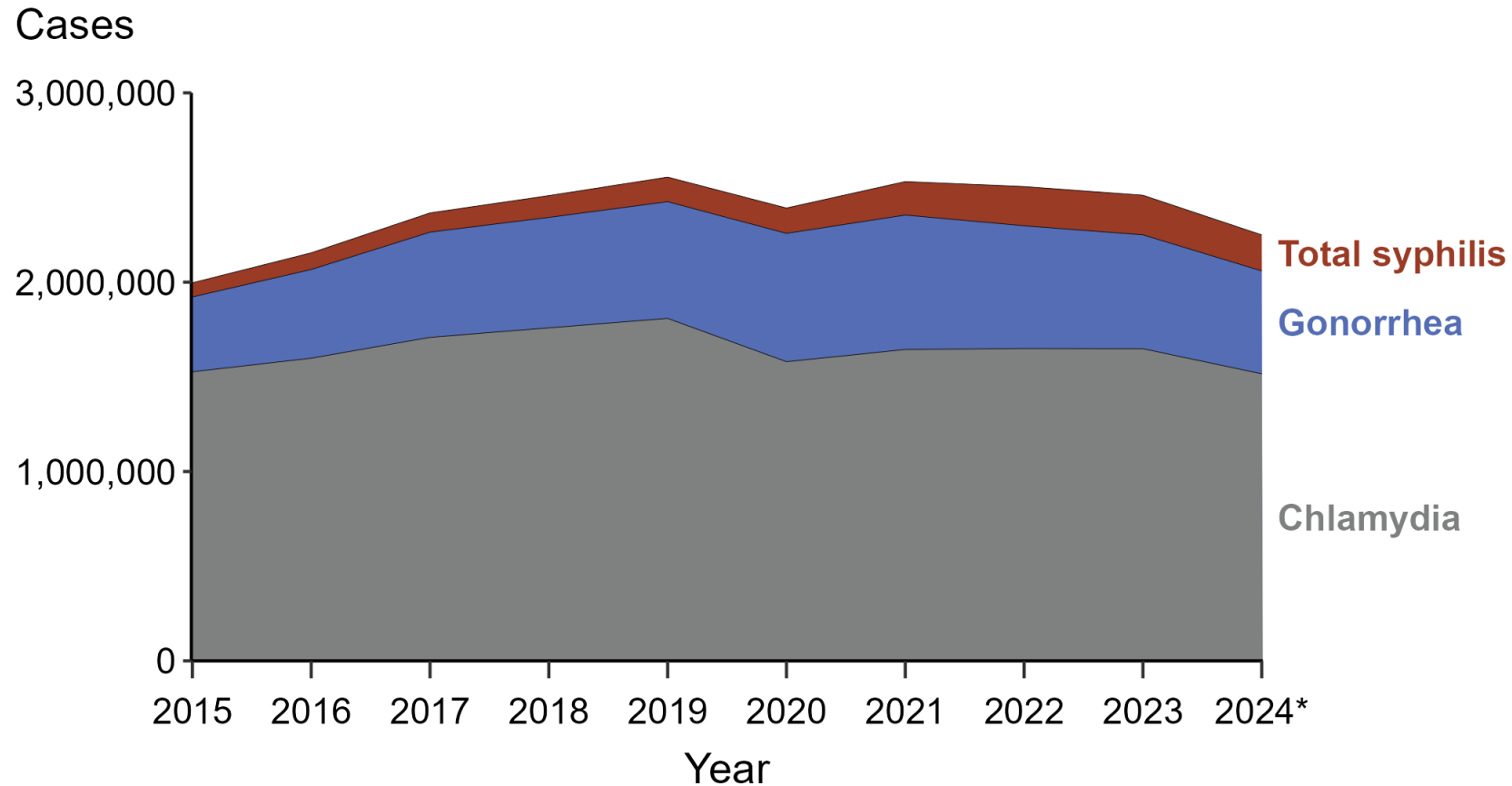


3,941 cases of **SYPHILIS AMONG NEWBORNS**;
82% increase since 2020.

Data are provisional. Details:
www.cdc.gov/sti-statistics



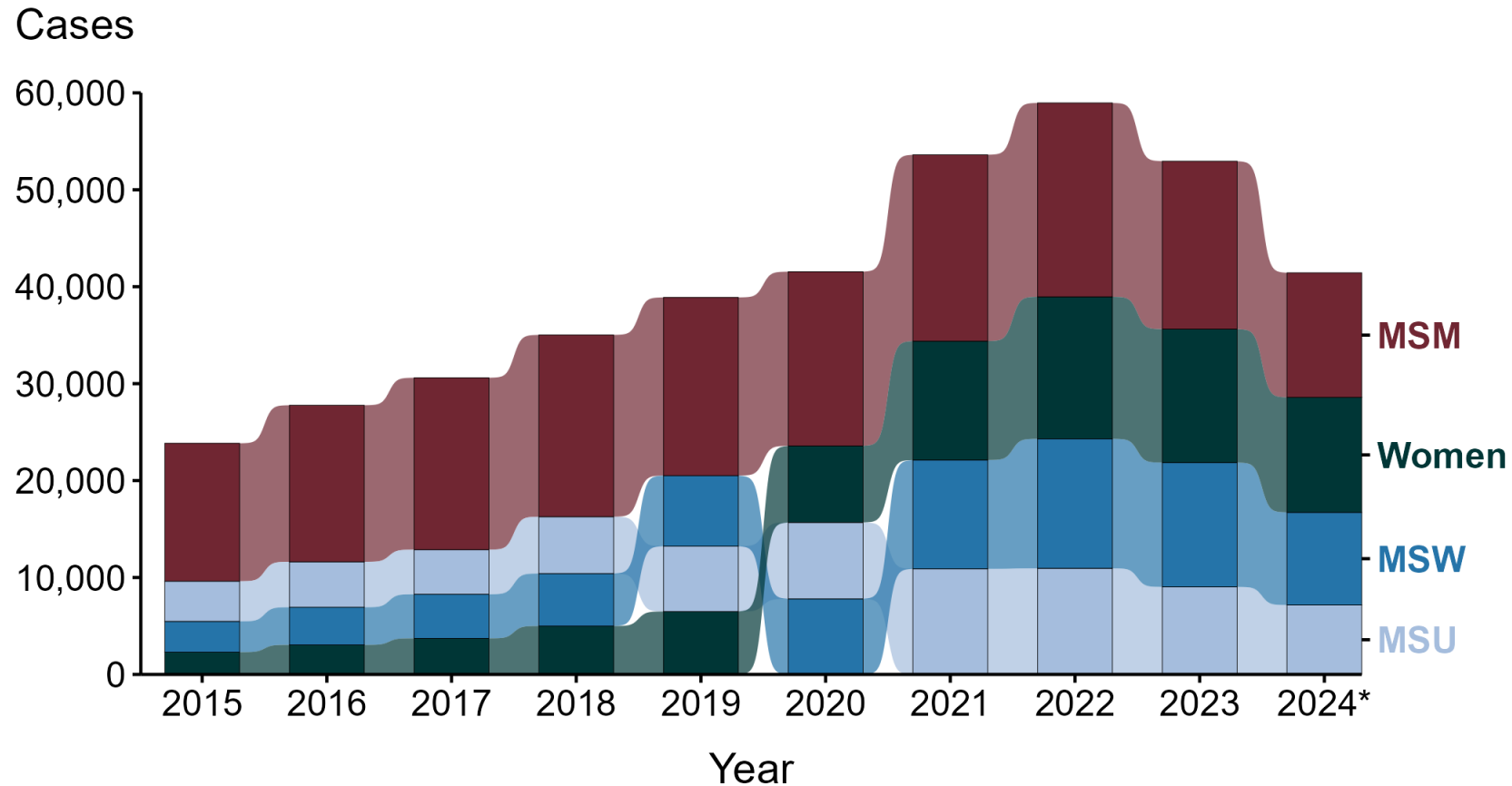
Sexually Transmitted Infections (STIs) — Reported Cases by STI and Year, United States, 2015–2024



* 2024 data are provisional as of August 14, 2025.

NOTE: “Total syphilis” includes all stages of syphilis and congenital syphilis.

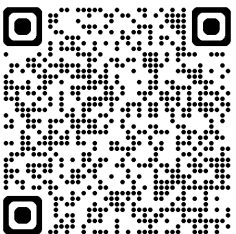
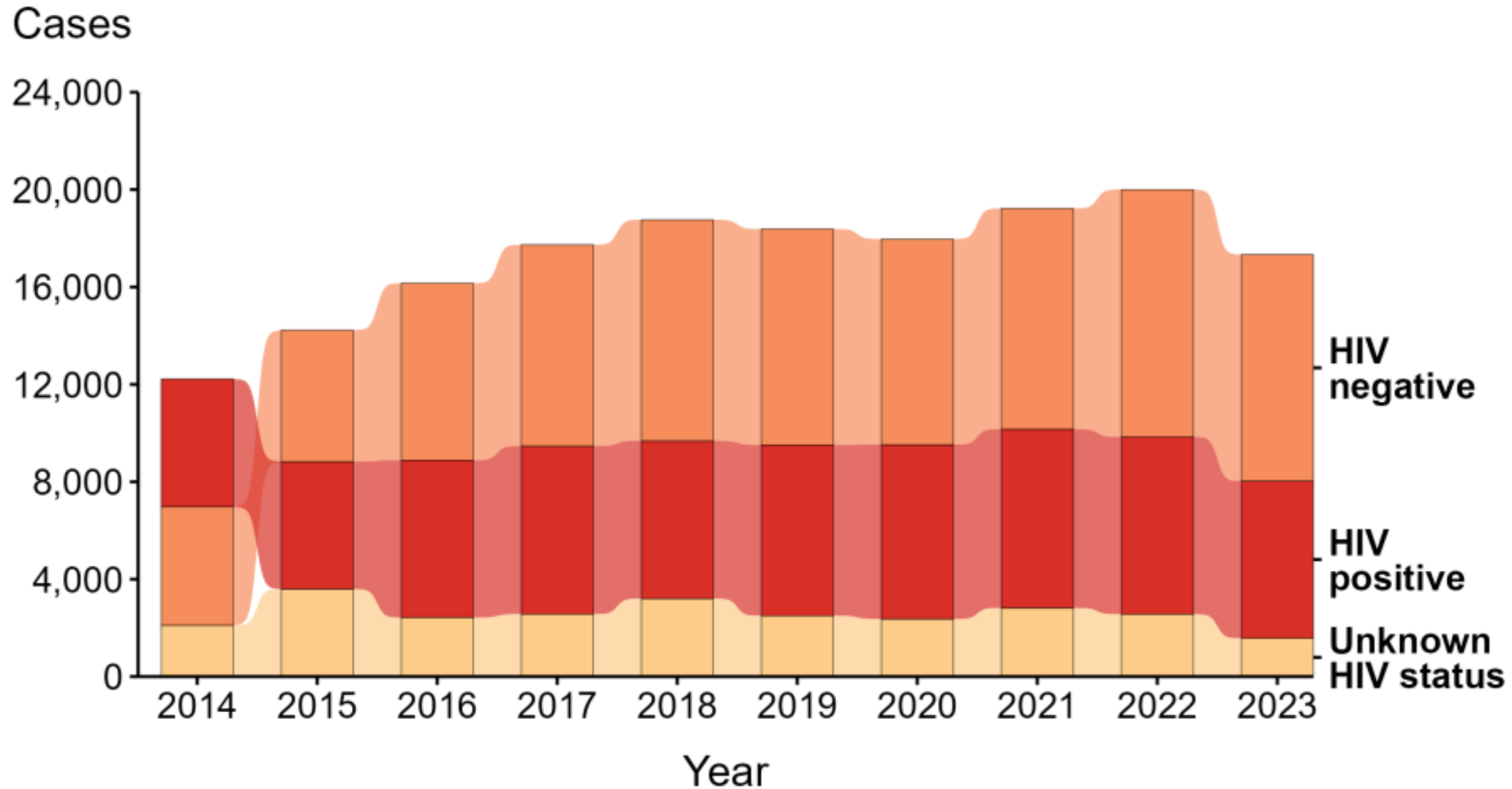
Primary and Secondary Syphilis — Reported Cases by Sex and Sex of Sex Partners and Year, United States, 2015–2024



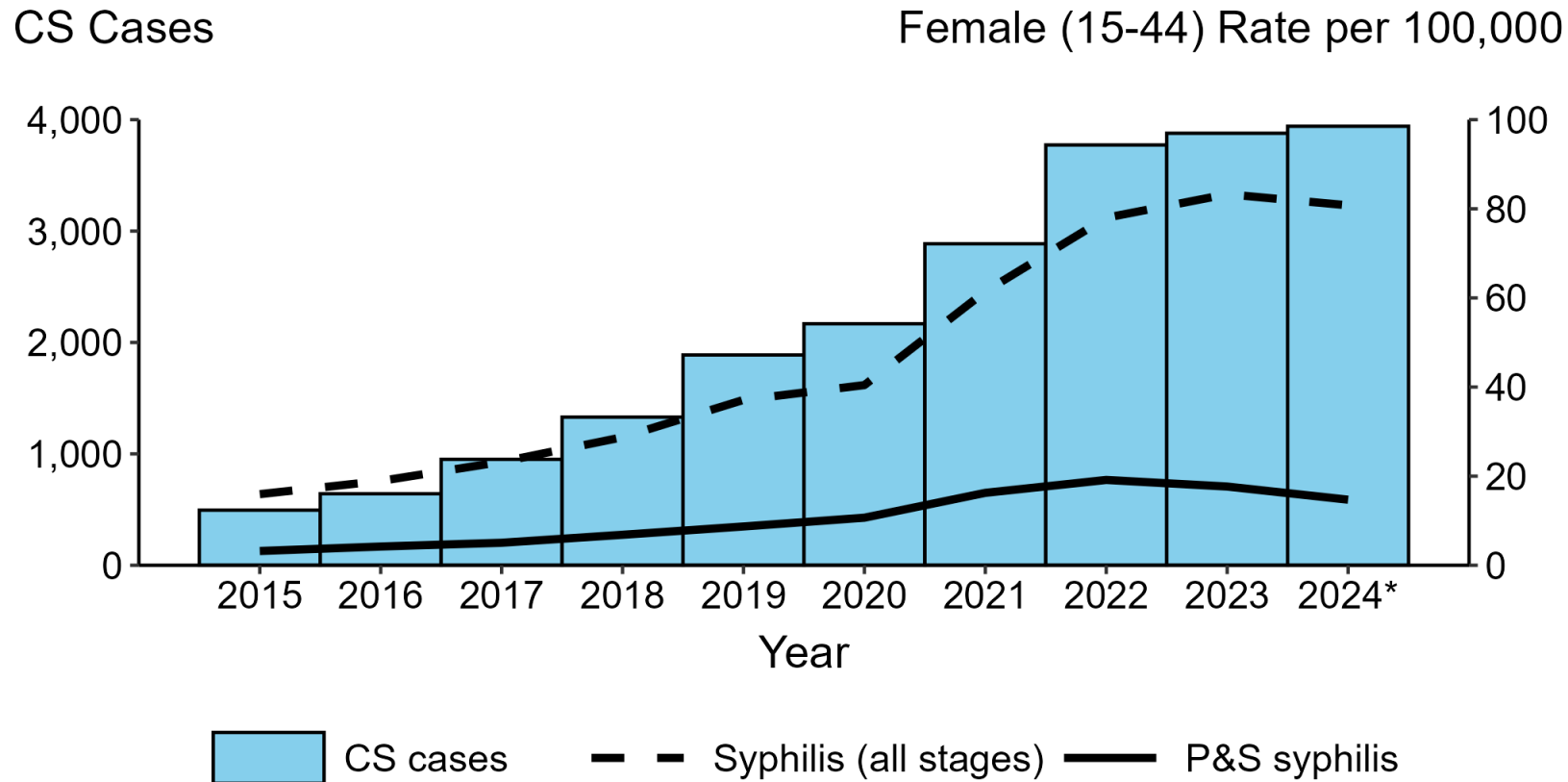
* 2024 data are provisional as of August 14, 2025.

ACRONYMS: MSM = Men who have sex with men; MSU = Men with unknown sex of sex partners; MSW = Men who have sex with women only

Primary and Secondary Syphilis — Reported Cases Among Men Who Have Sex with Men by HIV Status and Year, United States, 2014–2023



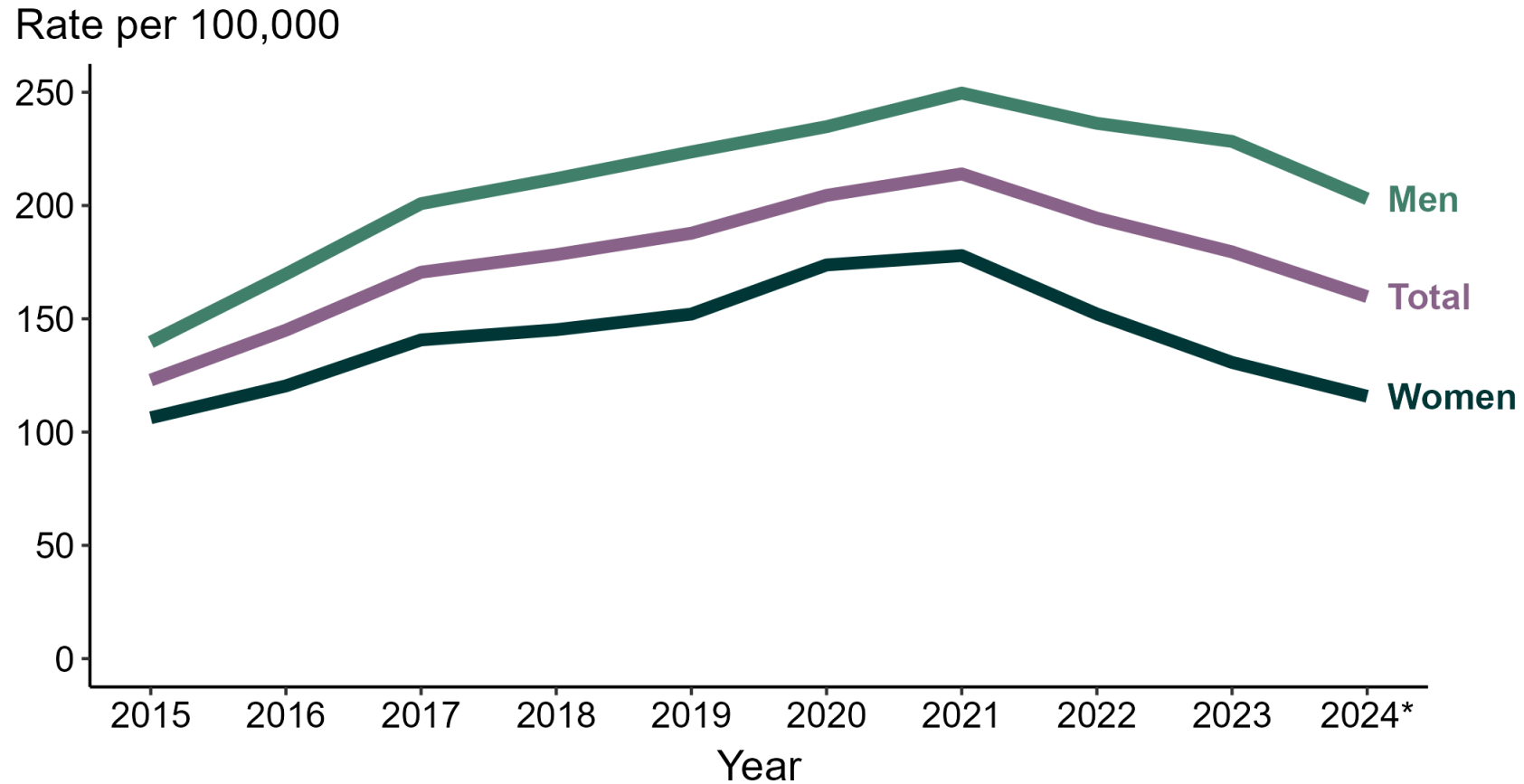
Congenital Syphilis — Reported Cases by Year of Birth and Rates of Reported Cases of Primary and Secondary Syphilis and Syphilis (All Stages) Among Women Aged 15–44 Years, United States, 2015–2024



* 2024 data are provisional as of August 14, 2025.

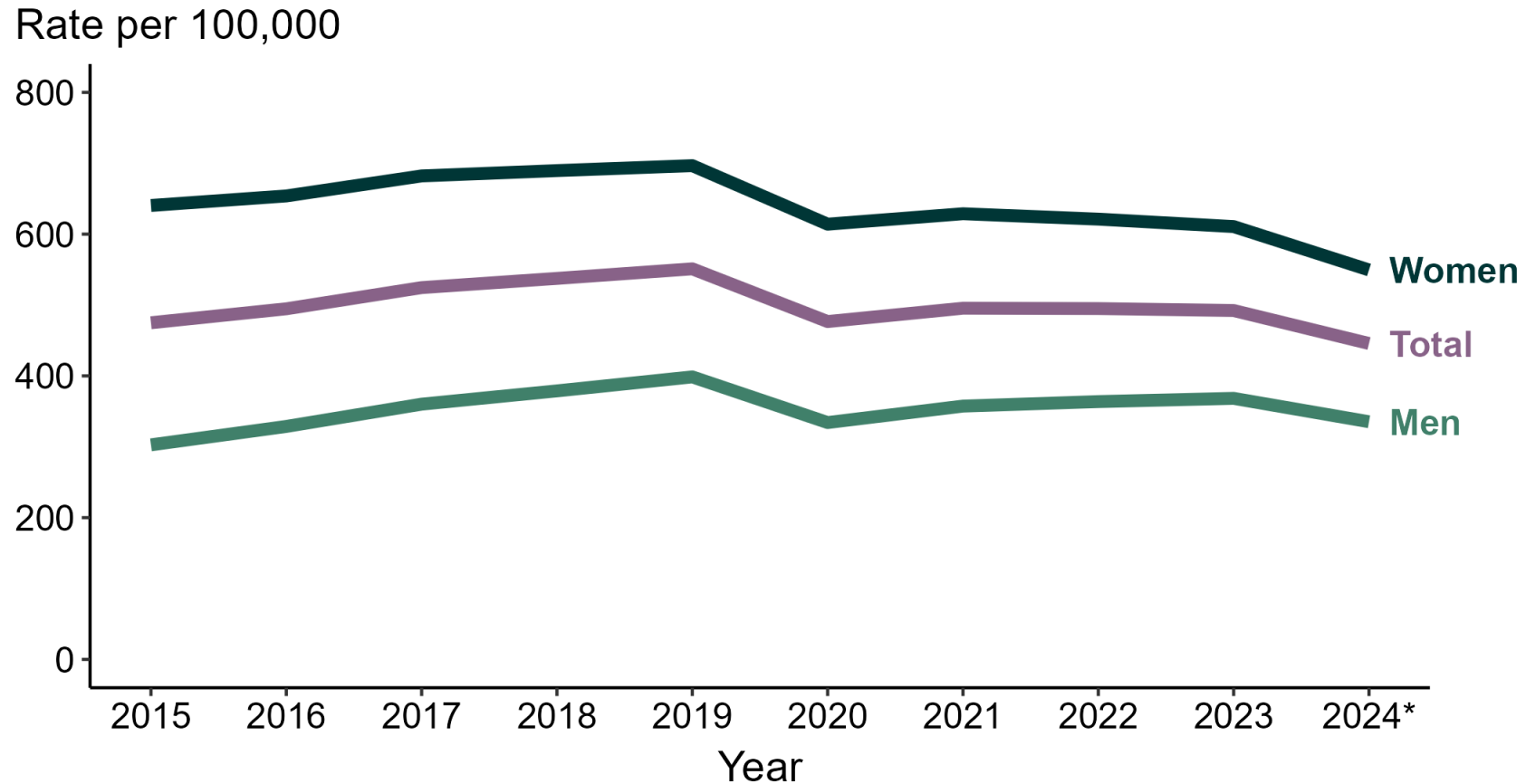
ACRONYMS: CS = Congenital syphilis; P&S Syphilis = Primary and secondary syphilis

Gonorrhea — Rates of Reported Cases by Sex and Year, United States, 2015–2024



* 2024 data are provisional as of August 14, 2025.

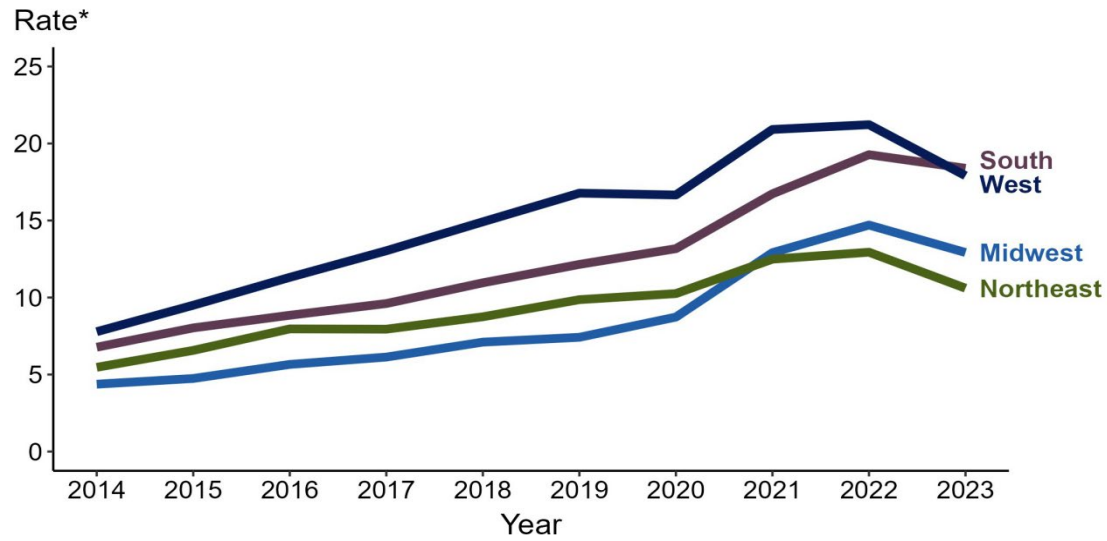
Chlamydia — Rates of Reported Cases by Sex and Year, United States, 2015–2024



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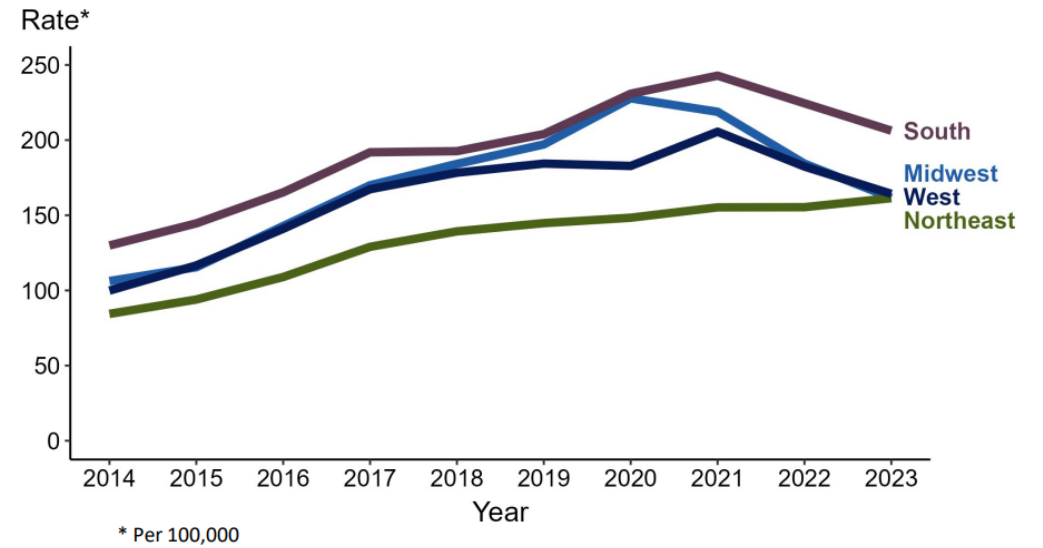
STI by Region

Primary and Secondary Syphilis — Rates of Reported Cases by Region and Year, United States, 2014–2023

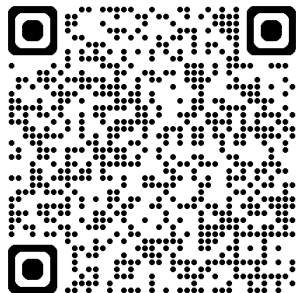


* Per 100,000

Gonorrhea — Rates of Reported Cases by Region and Year, United States, 2014–2023

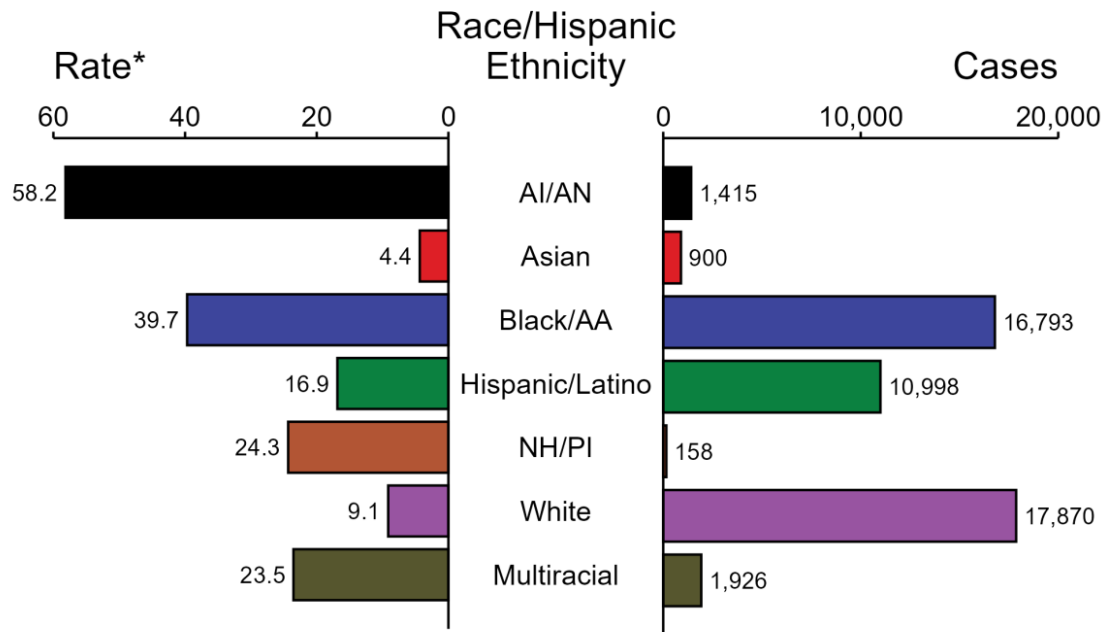


* Per 100,000

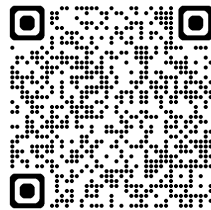


STI by Race/Ethnicity

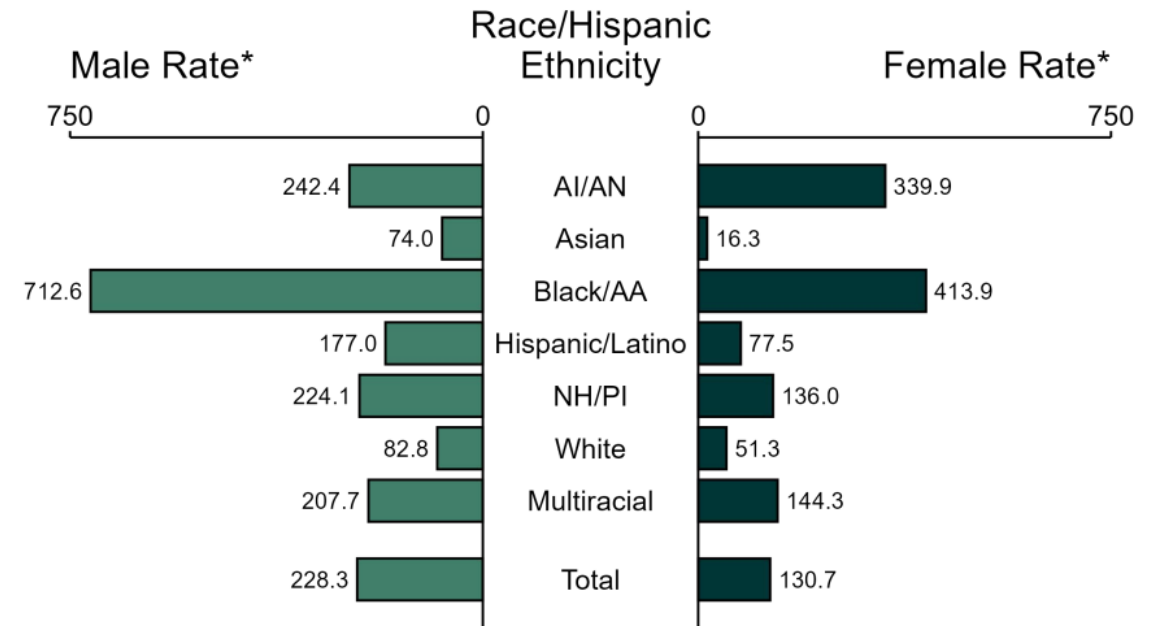
Primary and Secondary Syphilis — Case Counts and Rates of Reported Cases by Race/Hispanic Ethnicity, United States, 2023



* Per 100,000



Gonorrhea — Rates of Reported Cases by Race/Hispanic Ethnicity and Sex, United States, 2023



* Per 100,000

OBJECTIVES

Describe the regional prevalence of STI

Identify sub-populations at risk for STI

Discuss STI treatment updates

Review STI Prophylaxis

Anyone who has sex could get an STI, **but some groups are more affected:**

- ✓ young people aged 15-24
- ✓ gay & bisexual men
- ✓ pregnant women
- ✓ racial & ethnic minority groups

Untreated STIs can lead to **serious health problems:**



increased risk of transmitting or getting HIV



long-term pelvic/abdominal pain



inability to get pregnant or pregnancy complications



Prevent the spread of STIs with three simple steps:

talk } test } treat



U.S. CENTERS FOR DISEASE CONTROL AND PREVENTION

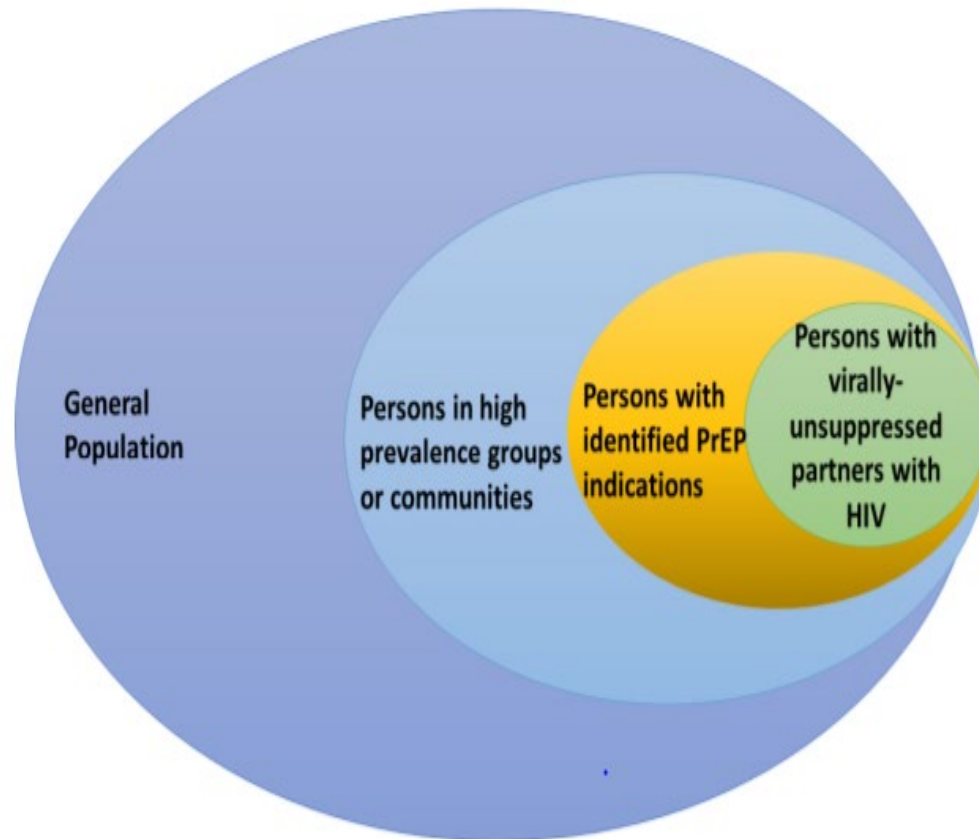
PREP- WHO IS AT RISK FOR HIV

US Public Health Service

PREEXPOSURE PROPHYLAXIS FOR
THE PREVENTION OF HIV
INFECTION IN THE UNITED STATES
– 2021 UPDATE

A CLINICAL PRACTICE GUIDELINE

Figure 1 Populations and HIV Acquisition Risk



- The conversation
- How to save time and identify?
- Add to general screening questionnaires
- Ask with intake/Bp
- Flyers



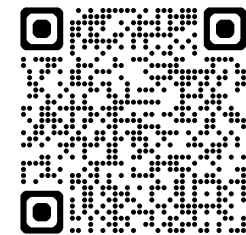
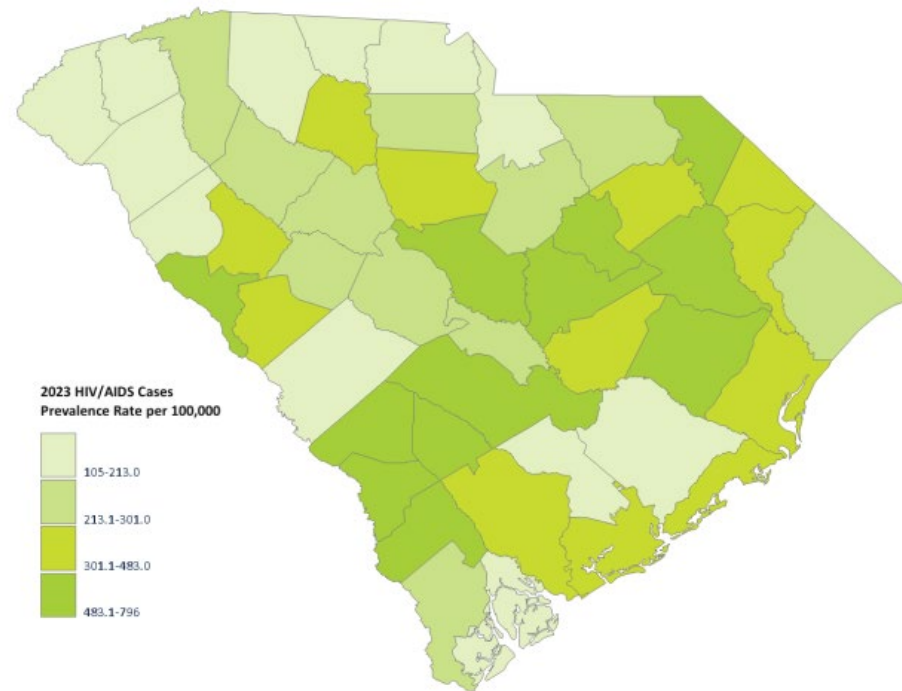
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SUBGROUPS FOR HIV PREP FOCUS

- HIV/AIDS Prevalence by county (n=20,266)

South Carolina HIV/AIDS Prevalence Rate



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OBJECTIVES

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QUESTION























- How often should a versatile cis-gender MSM (on ART) who has multiple partners and prior STI be tested for Gonorrhea
 - a. Q 6 months
 - b. Q 3 months
 - c. Once per year
 - d. Wait on symptoms to develop



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FREQUENCY OF SCREENING

Body	Chlamydia	Gonorrhea	Syphilis
CDC	<p> <ul style="list-style-type: none"> < 25 yr of age >25 yr if increased risk (new partner, >1 partner, partner with partners, partner with STI)  3 months s/p treatment. </p> <p> as above <ul style="list-style-type: none">  3rd trimester TOC: 3–4 weeks </p> <p> (all sites) <ul style="list-style-type: none"> All in high prevalence local MSM – Q 3–6 mo </p> <p> <ul style="list-style-type: none"> Baseline and at least annual, risk dependent </p>	<p> <ul style="list-style-type: none"> < 25 yr of age >25 yr if increased risk (also no condom or prior sex for \$)  3 mo s/p Rx </p> <p> as above <ul style="list-style-type: none">  3 mo s/p Rx </p> <p> (all sites) <ul style="list-style-type: none"> MSM: annually Q 3–6 mths in high risk </p> <p> <ul style="list-style-type: none"> Baseline and at least annual, risk dependent </p>	<p> <ul style="list-style-type: none"> All at first visit  early 3rd trimester and @delivery if at risk </p> <p> (all sites) <ul style="list-style-type: none"> MSM: annually Q 3–6 mths in high risk </p> <p> <ul style="list-style-type: none"> Baseline and at least annual, risk dependent/ local epi </p>
USPSTF	<p> (Grade B) <ul style="list-style-type: none"> < 24 yrs >24 yrs at increased risk </p> <p> <ul style="list-style-type: none"> evidence insufficient (2021) </p>	<p> (Grade B) <ul style="list-style-type: none"> < 24 yrs >24 yrs at increased risk </p> <p> <ul style="list-style-type: none"> evidence insufficient (2021) </p>	<p> (Grade A) <ul style="list-style-type: none"> Early screening  early 3rd trimester and @delivery if at risk </p>

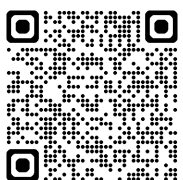
Adopting a Sexual Health Paradigm 2021



d. NIH
H

FREQUENCY OF SCREENING

Body	Chlamydia	Gonorrhea	Syphilis
AAFP	<p>♀</p> <ul style="list-style-type: none"> <25 Older or 🧑 if at risk <p>♂ MSM if at risk#</p> <p>🦠+people</p>	<p>♀</p> <ul style="list-style-type: none"> <25 Older or 🧑 if at risk <p>♂ MSM if at risk#</p> <p>🦠+people</p>	<ul style="list-style-type: none"> MSM and other adults/ado at risk 🧑 🦠+people
AAP	<p>♀</p> <ul style="list-style-type: none"> <25 (annual) Older women or 🧑 if at risk+ <p>♂</p> <p>MSM: Q3-6mo (partners and drugs) Hetero- annual</p>	<p>♀</p> <ul style="list-style-type: none"> <25 (annual) Older women or pregnant women if at risk+ <p>♂</p> <p>MSM: Annual and Q3-6mths (at risk) Hetero- annual</p> <p>🔄 @ 3 mo TOC: Pharyngeal only @14 days</p>	<p>Based on individual risk</p> <ul style="list-style-type: none"> MSM annually or every 3–6 months if high risk pregnant people
ACOG	<p>♀</p> <ul style="list-style-type: none"> <25 annual >25 – risk based 🧑-routine 🦠+ annual 	<p>♀</p> <ul style="list-style-type: none"> <25 annual >25 – risk based 🧑- <25 yo or prevalent area 🦠+ annual <p>🔄 @ 3 mo /3rd trimester TOC: Pharyngeal and alternative rx @14 days</p>	<p>♀</p> <ul style="list-style-type: none"> No recommendation for non 🧑 🧑-1st visit; later in preg and @delivery if at risk 🦠+ annual



STI TESTING IN PATIENT ON PREP

Table 5 Timing of Oral PrEP-associated Laboratory Tests

Test	Screening/Baseline Visit	Q 3 months	Q 6 months	Q 12 months	When stopping PrEP
HIV Test	X*	X			X*
eCrCl	X		If age ≥50 or eCrCl <90 ml/min at PrEP initiation	If age <50 and eCrCl ≥90 ml/min at PrEP initiation	X
Syphilis	X	MSM /TGW	X		MSM/TGW
Gonorrhea	X	MSM /TGW	X		MSM /TGW
Chlamydia	X	MSM /TGW	X		MSM /TGW
Lipid panel (F/TAF)	X			X	
Hep B serology	X				
Hep C serology	MSM, TGW, and PWID only			MSM, TGW, and PWID only	

* Assess for acute HIV infection (see Figure 4)

Table 7 Timing of CAB PrEP-associated Laboratory Tests

Test	Initiation Visit	1 month visit	Q2 months	Q4 months	Q6 months	Q12 months	When Stopping CAB
HIV*	X	X	X	X	X	X	X
Syphilis	X			MSM [^] /TGW [~] only	Heterosexually active women and men only	X	MSM/TGW only
Gonorrhea	X			MSM/TGW only	Heterosexually active women and men only	X	MSM/TGW only
Chlamydia	X			MSM/TGW only	MSM/TGW only	Heterosexually active women and men only	MSM/TGW only

* HIV-1 RNA assay

X all PrEP patients

[^] men who have sex with men

[~] persons assigned male sex at birth whose gender identification is female

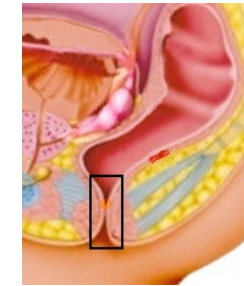
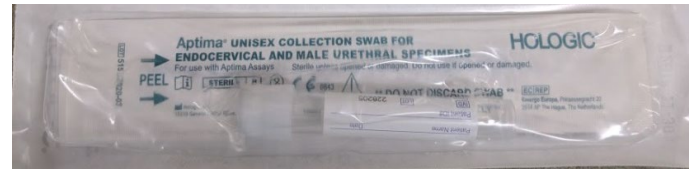
US Public Health Service

PREEXPOSURE PROPHYLAXIS FOR THE PREVENTION OF HIV INFECTION IN THE UNITED STATES – 2021 UPDATE

A CLINICAL PRACTICE GUIDELINE

STI SCREENING

- Blood – syphilis or Hep C
- GC and chlamydia by NAAT (all used sites)
 - Pharyngeal
 - Rectal
 - Urine
- Self collected specimen has equivalent performance¹⁻³



1. Barbee *J Acquir Immune Defic Syndr.* 2016
2 Freeman *Chlamydia /GC pharyngeal infection STD.* 2011
3. Lunny *PLoS One.* 2015
<http://www.cdc.gov/hiv/pdf/prepguidelines2017.pdf>



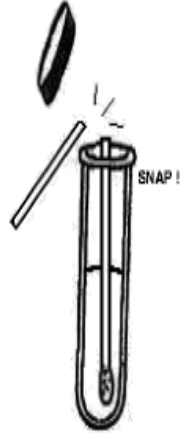
SELF COLLECTED SPECIMEN

Vaginal Self-Swab Collection Instructions



Step 1.

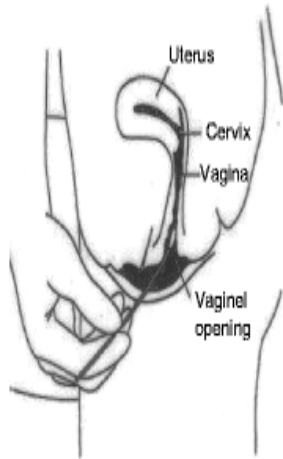
Open kit and remove tube and package with orange writing. Remove the swab from the package. Do not touch the tip of the swab.



Step 3.

Remove cap from test tube. Place swab in test tube. Make sure the tip of the swab reaches the bottom of the tube. Do not puncture the foil cap.

Break swab shaft at the score mark.



Step 2.

Put the tip of the small swab about 2 inches into the opening of your vagina and make two small, slow circles with the tip.

Make sure the swab touches the sides of your vagina. Take the swab out of your vagina.



Step 4.

Put cap back tightly on test tube to prevent any leaking. Try not to splash the liquid out the tube.

Step 5.

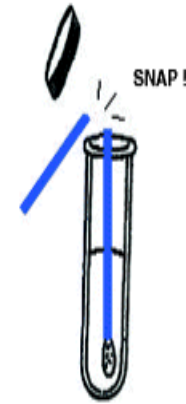
Discard wrappers. **Wash your hands.** Return the tube to the health worker.

Rectal Self-Swab Collection Instructions



Step 1.

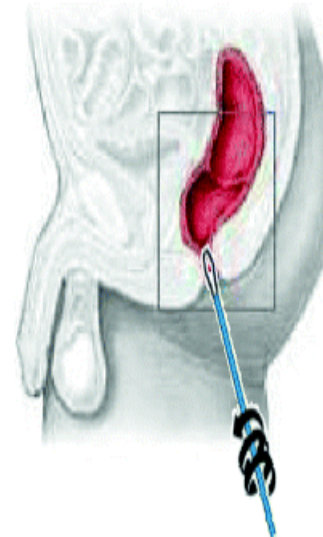
Open kit and remove tube and package with green writing. Remove the swab with the **BLUE** shaft. **USE BLUE SHAFT SWAB ONLY.**



Step 3.

Remove cap from test tube. Place swab in test tube. Do not puncture the foil cap.

Break swab shaft at the score mark.



Step 2.

Insert swab 1 inch into the anus and turn for 5 – 10 seconds.

If needed, before inserting swab, wet swab with water or saline solution.



Step 4.

Put cap back tightly on test tube to prevent any leaking. Try not to splash the liquid out the tube.

Step 5.

Discard wrapper and unused swab. **Wash your hands.** Return the tube to the health worker.

CASE



- Oral lesion and Perianal lesions

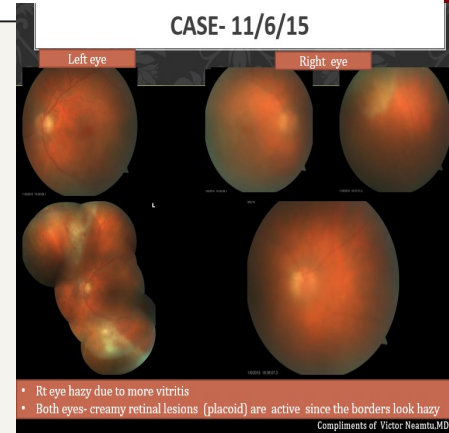
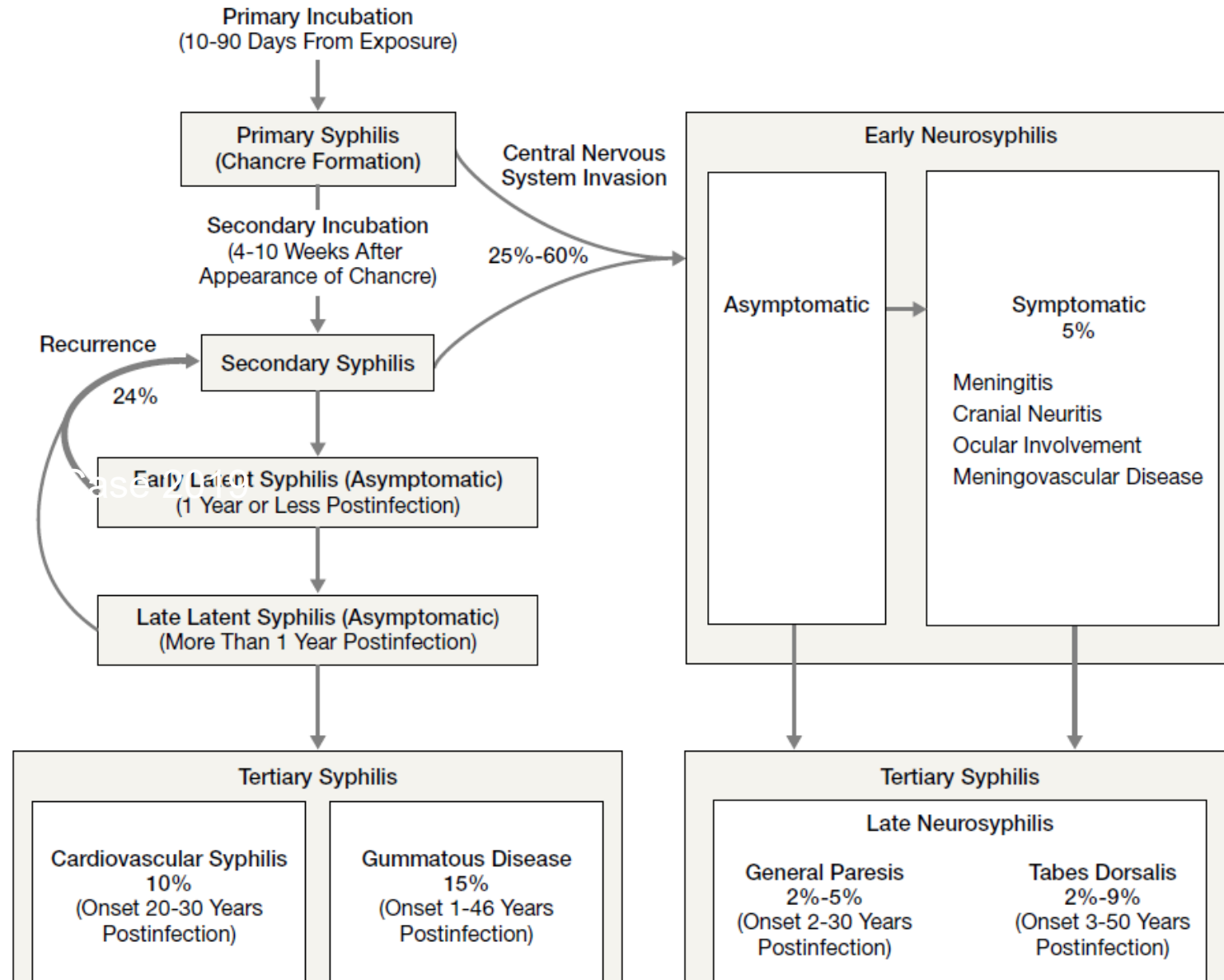
SYPHILIS



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SYPHILIS CLINICAL PRESENTATION: STAGES



OBJECTIVES

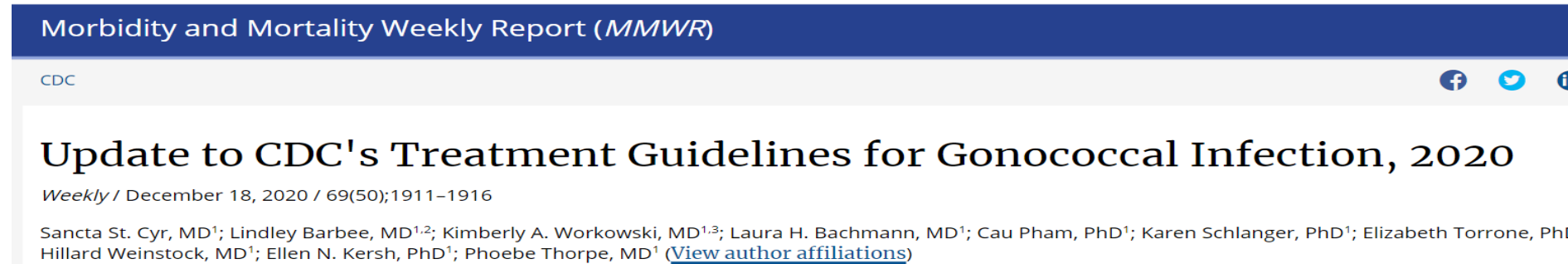
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GONORRHEA TREATMENT GUIDELINES – 2020 UPDATE



- CDC recommends a **single 500 mg IM dose** of ceftriaxone for uncomplicated gonorrhea
- Treatment *Chlamydia trachomatis* coinfection with oral doxycycline (100 mg twice daily for 7 days), when chlamydial infection has not been excluded

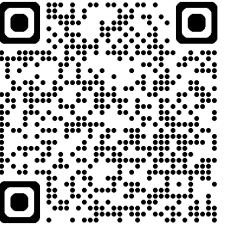
<https://www.cdc.gov/mmwr/volumes/69/wr/mm6950a6.htm>



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TREATMENT



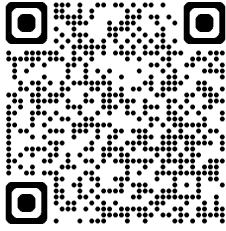
	Preferred	Alternative	Allergic	Pregnant
Gonorrhea	Ceftriaxone 500 mg IM in a single dose	If unavailable, cefixime 800 mg orally in a single dose	Gentamicin 240 mg IM in a single dose PLUS azithromycin 2 gm orally in a single dose	ceftriaxone 500 mg IM in a single dose
DGI	ceftriaxone 1 gm IM or by IV every 24 hours	cefotaxime 1 gm by IV every 8 hours OR ceftizoxime 1 gm every 8 hours		
Chlamydia	doxycycline 100 mg orally 2x/day for 7 days	<ul style="list-style-type: none"> • azithromycin 1 gm PO*1 OR • levofloxacin 500 mg PO 1x/day* 7 days 		<ul style="list-style-type: none"> • azithromycin 1 gmPO*1 • amoxicillin 500 mg orally 3x/day*7 days
LGV	doxycycline 100 mg orally 2x/day for 21 days	azithromycin 1 gm orally 1x/week for 3 weeks		



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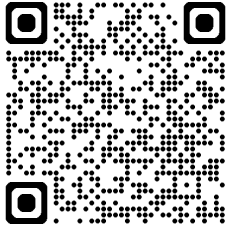
TREATMENT

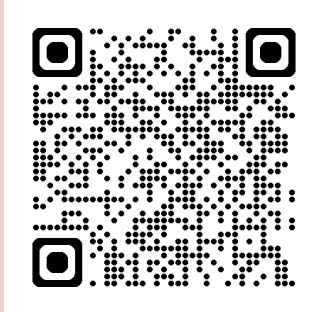


	Preferred	Alternative	Alternatives	Pregnant
Nongonococcal Urethritis	doxycycline 100 mg orally 2x/day for 7 days	azithromycin 1 gm *1 OR azithromycin 500 mg *1, THEN 250 mg 1x/day for 4 days		
Persistent or Recurrent NGU: test for Mycoplasma genitalium:	doxycycline 100 mg orally 2x/day for 7 days, FOLLOWED BY moxifloxacin 400 mg 1x/day for 7 day			
Syphilis				
Primary/Sec/ Early latent	Benzathine penicillin G 2.4 million units IM *1 (Bicillin L-A)	<ul style="list-style-type: none"> • Doxycycline (100 mg orally 2 times/day 14 dy) • Ceftriaxone 1g IM/IV qdaily (10-14days) –optimal unknown • Procaine PCN 600000U IM qdaily 10-14 days (European 2000) 	<p>Amoxil 3g/24hr with probenecid 720mg/24hr (divided tid)-14 days *Japanese 286 HIV pt -95/5% efficacy (CID 2015)</p> <p>Amoxil 1.5 g/24 hrs similar efficacy (STI 2022)</p>	benzathine penicillin G 2.4 million units IM*1



TREATMENT




	Preferred	Alternative	Alternatives	Pregnant
Syphilis				
Late latent	3 doses of 2.4 million units IM each at 1-week intervals (10-14 day interval ? acceptable)	Doxycycline (100 mg orally 2 times/day for 28 days) Procaine PCN 600000U IM qdaily 17-21 days (European 2000)	Amoxil 3g qd with probenecid 750mg qd (divided tid)-28 days * Ceftriaxone 1g IM/IV qdaily (10-14days) – optimal unknown	If interval >9 days start over
Neuro	Penicillin G 18–24 million units /day,* 10–14 days	Procaine penicillin G 2.4 MU IM 1x/day PLUS probenecid 500 mg orally 4x/day* 10–14 days	<ul style="list-style-type: none"> Ceftriaxone 1-2g IM/IV qdaily (10-14days) – French study lancet ID 2021 (European 2000) 	



GC/CHLA EASILY TREATED, WHY WORRY?

- Sequelae: **Infertility**, rectal stenosis
- Disseminated GC
- Cost
- Microbiome
- Antimicrobial Stewardship

Antibiotic-Resistant Gonorrhea



CDC Drug-Resistant Gonorrhea: An Urgent Public Health Issue

Low Resolution Video

Basic Information

LITTLE NOW STANDS BETWEEN US & UNTREATABLE GONORRHEA

Laboratory Information

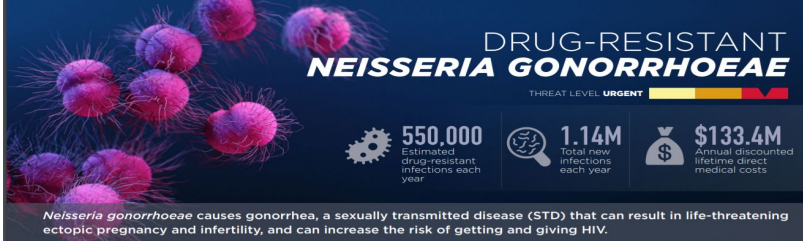
NEW DRUGS RESISTANCE

Combating the Threat

Gonorrhea has progressively developed resistance to the antibiotic drugs prescribed to treat it. Following the spread of gonococcal fluoroquinolone resistance, the cephalosporin antibiotics have been the foundation of recommended treatment for gonorrhea. The emergence of cephalosporin-resistant gonorrhea would significantly complicate the ability of providers to treat gonorrhea successfully, since we have few antibiotic options left that are simple, well-studied, well-tolerated and highly effective. It is critical to continuously monitor antibiotic resistance in *Neisseria gonorrhoeae* and encourage research and development of new treatment regimens.

Updates

[Antibiotic Resistance Threats in the United States 2019](#) and [Drug-resistant *N. gonorrhoeae* pathogen page](#) (November 13, 2019)



DRUG-RESISTANT NEISSERIA GONORRHOEA

THREAT LEVEL URGENT

550,000 Estimated drug-resistant infections each year

1.14M Total new infections each year

\$133.4M Annual discounted lifetime direct medical costs

Neisseria gonorrhoeae causes gonorrhea, a sexually transmitted disease (STD) that can result in life-threatening ectopic pregnancy and infertility, and can increase the risk of getting and giving HIV.

WHAT YOU NEED TO KNOW

- Gonorrhea has quickly developed resistance to all but one class of antibiotics, and half of all infections are resistant to at least one antibiotic. Tests to detect resistance are not available at time of treatment.
- Gonorrhea spreads easily. Some men and most women do not have symptoms and may not know they are infected, increasing spread.

EMERGING ANTIBIOTIC RESISTANCE

Gonorrhea rapidly develops resistance to antibiotics—ceftriaxone is the last recommended treatment.



Year	Penicillin and tetracycline (no longer recommended)	Ceftriaxone (no longer recommended)	Cefixime (no longer recommended as a first-line regimen)
2010	~30%	~10%	~5%
2015	~30%	~10%	~5%
2020	~30%	~10%	~5%

While international resistance is high, the US has low rates of ceftriaxone resistance, with less than 0.1% of isolates showing "alert" levels.

[Neisseria gonorrhoeae Antimicrobial Resistance: The Future of Antibiotic Therapy - PMC](#)



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NEW AGENTS FOR GONORRHEA

- Gepotidacin (Blujepa) was approved in early December 2025
 - Previously approved for UTI – Tabs
- Zoliflodacin (Nuzolvence) was approved shortly after, in mid-December 2025
 - disrupts bacterial DNA replication (first in class)
 - 1 oral dose



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TEST OF CURE/REPEAT TESTING



Body	Chlamydia	Gonorrhea	Syphilis
CDC	<p>♀</p> <ul style="list-style-type: none"> < 25 yr of age >25 yr if increased risk (new partner, >1 partner, partner with partners, partner with STI) 🔄 3 months s/p Rx 	<p>♀</p> <ul style="list-style-type: none"> < 25 yr of age >25 yr if increased risk (also no condom or prior sex for \$) 🔄 3 mo s/p Rx 	<p>♀</p>
	<p>📍 as above</p> <ul style="list-style-type: none"> 🔄 3rd trimester TOC: 3–4 weeks 	<p>📍 as above</p> <ul style="list-style-type: none"> 🔄 3 mo s/p Rx 	<p>📍</p> <ul style="list-style-type: none"> All at first visit 🔄 early 3rd trimester and @delivery if at risk
	<p>♂ (all sites)</p> <ul style="list-style-type: none"> All in high prevalence local MSM – Q 3–6 mo 	<p>♂ (all sites)</p> <ul style="list-style-type: none"> MSM: annually Q 3–6 mths in high risk 	<p>♂ (all sites)</p> <ul style="list-style-type: none"> MSM: annually Q 3–6 mths in high risk
	<p>🦠</p> <ul style="list-style-type: none"> Baseline and at least annual, risk dependent 	<p>🦠</p> <ul style="list-style-type: none"> Baseline and at least annual, risk dependent 	<p>🦠</p> <ul style="list-style-type: none"> Baseline and at least annual, risk dependent/ local epi



TEST OF CURE/REPEAT SCREENING

Body	Chlamydia	Gonorrhea	Syphilis
AAP	<p>♀</p> <ul style="list-style-type: none"> <25 (annual) Older women or 🧑 if at risk+ <p>♂</p> <p>MSM: Q3-6mo (partners and drugs) Hetero- annual</p>	<p>♀</p> <ul style="list-style-type: none"> <25 (annual) Older women or pregnant women if at risk+ <p>♂</p> <p>MSM: Annual and Q3-6mths (at risk) Hetero- annual</p> <p>🔄 @ 3 mo TOC: Pharyngeal only @14 days</p>	<p>Based on individual risk</p> <ul style="list-style-type: none"> MSM annually or every 3–6 months if high risk Pregnant people
ACOG	<p>♀</p> <ul style="list-style-type: none"> <25 annual >25 – risk based 🧑-routine 💊+ annual 	<p>♀</p> <ul style="list-style-type: none"> <25 annual >25 – risk based 🧑 <25 yo or prevalent area 💊+ annual <p>🔄 @ 3 mo /3rd trimester TOC: Pharyngeal and alternative rx @14 days</p>	<p>♀</p> <ul style="list-style-type: none"> No recommendation for non 🧑 🧑-1st visit; later in preg and @delivery if at risk 💊+ annual

Adopting a Sexual Health Paradigm 2021



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SYPHILIS AND RPT TESTING

- Rpt testing at 3, 6 and 12 months
 - Primary and Secondary expect
 - 4 fold (2 tubes) decline @ 6 months
 - 6 fold (3 tubes) decline @ 12 months
 - 8 fold (4 tubes) decline @ 24 months
- Primary syphilis
 - 50% will be RPR seronegative at 12 months (Romanowski AIM 1991)
 - 24% will have negative FTA/ABS at 2-3 years (Romanowski AIM 1991)
 - Previously, if failure to respond (4 fold decline) consider CSF
 - If positive Rx as Neurosyphilis
 - If negative, consider Benzathine PCN G 2.4mU *3
 - 15-20 % can be serofast with no change or just 1 fold down
 - Current CDC expert opinion away from CSF and just close monitoring (MMWR 2021)
 - Neuro exam and titers
 - If follow up unlikely or RPR stay >1:32 with no response- Consider retreatment with 3 doses



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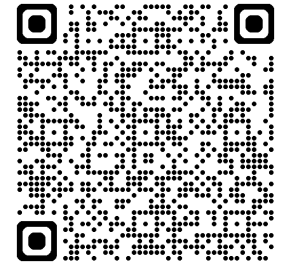
TEST OF CURE/REPEAT SCREENING

Chlamydia and Gonorrhea Clinical Management in a Nutshell:



- **Screen** all appropriate patients for chlamydia and gonorrhea;
- **Treat** all infected patients promptly;
- **Treat** all or their recent partners; and
- **Screen** all treated patients again three months after treatment (retest)

- Rx all partners from last 60 days
- No test of cure for non pregnant if SOC used
- Pregnancy – test of cure s/p 3 week after rx then q 3 months/close to delivery



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OBJECTIVES

Describe the regional prevalence of STI

Identify sub-populations at risk for STI

Discuss STI treatment updates

Review STI Prophylaxis

DOXY PEP





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DOXY-PEP: IPERGAY SUB-STUDY (FRANCE)



Study Design

- : MSM on PrEP
- Design: Open-label, randomized (1:1)
- :
 - Doxy-PEP: 200 mg doxycycline within 24 hours after sex
 - Control: No prophylaxis



- : 232 total
 - 116 Doxy-PEP
 - 116 Control
- Follow-up: Median 8.7 months (IQR 7.8–9.7)




- : Any new STI
 - 22% with dPEP
 - 42% without PEP
 - $p = 0.007$
-  Risk Reduction
 - Hazard Ratio: 0.53 (95% CI 0.33–0.85)

DOXY-PEP: IPERGAY SUB STUDY (FRANCE)



- Doxy-PEP significantly reduced first STI episodes:
 - Chlamydia
 - (HR 0·30; 95% CI 0·13-0·70; p=0·006)
 - Syphilis
 - (HR 0·27; 0·07-0·98; p=0·047)
- No significant reduction in gonorrhoea
 - (HR 0·83; 0·47-1·47; p=0·52)

-  GI AE in 53% participants in dPEP group (p=0·05).

DOXY-PEP: U.S. OPEN-LABEL STUDY



- MSM and TGW
- On PrEP (n360) or living with HIV (n194)
- ≥1 STI in the prior year
- San fran /Seattle



- Doxy-PEP: 200 mg doxycycline <72 hr after sex
- Control: No prophylaxis







STI incidence

- PrEP gp:
 - **29.5% vs 9.6% in dPEP arm**
 - RR 0.33 (67% reduction)
- HIV group
 - **27.8% vs 11.7% in dPEP arm**
 - RR 0.42 (58% reduction)

No serious or grade 2 AE

DOXY PEP WORKFLOW

Postexposure Prophylaxis for HIV and STIs

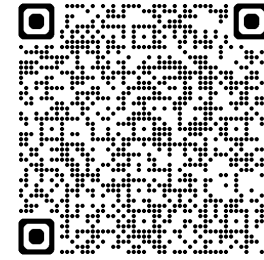
- : Gay and bisexual men and trans women
- : Doxy 200mg *1 dose ; within 24-72 hrs of condomless sex
 - Give 30 pills
- : Phototoxicity, GI upset , more rarely esophageal ulceration
- : SOC--- triple site q 3 months

DOXY PEP AND REAL WORD EXPEIRNECE



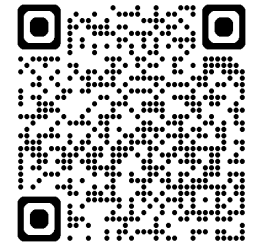
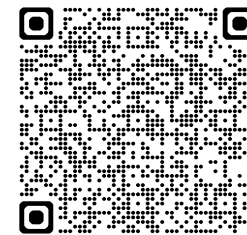
shutterstock.com · 2671450685

- Gonorrhea
 - Less effective against gonorrhea, lower protection rates (around 12-55%) compared to other STIs
 - Harvard Pilgrim Health Care Institute 12% reduction in gonorrhea and 79–80% reduction in chlamydia/syphilis



- **Antibiotic Resistance (2025)**




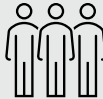




- DoxyPEP usage is linked to higher rates of:
 - Tetracycline-resistant gonorrhea
 - Greater prevalence of antibiotic-resistant staph/strep bacteria in the throat



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HIV PREP OPTIONS

	Route	Population	Cost	Renal CrCL
TDF/F			\$	>60
TAF/F			\$	>30
Cabotegravir	IM 		\$\$	
Lenacapavir	SC 		\$\$\$	



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ENDING THE EPIDEMICS: ALL THE CROSSROADS

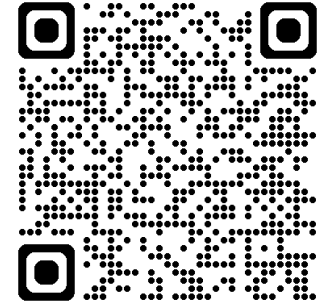
- Conversations

Sexual health “requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, discrimination, and violence. (WHO)

- Condoms:

- 52% of high school students **did not** use a condom @ last sexual intercourse (2023)

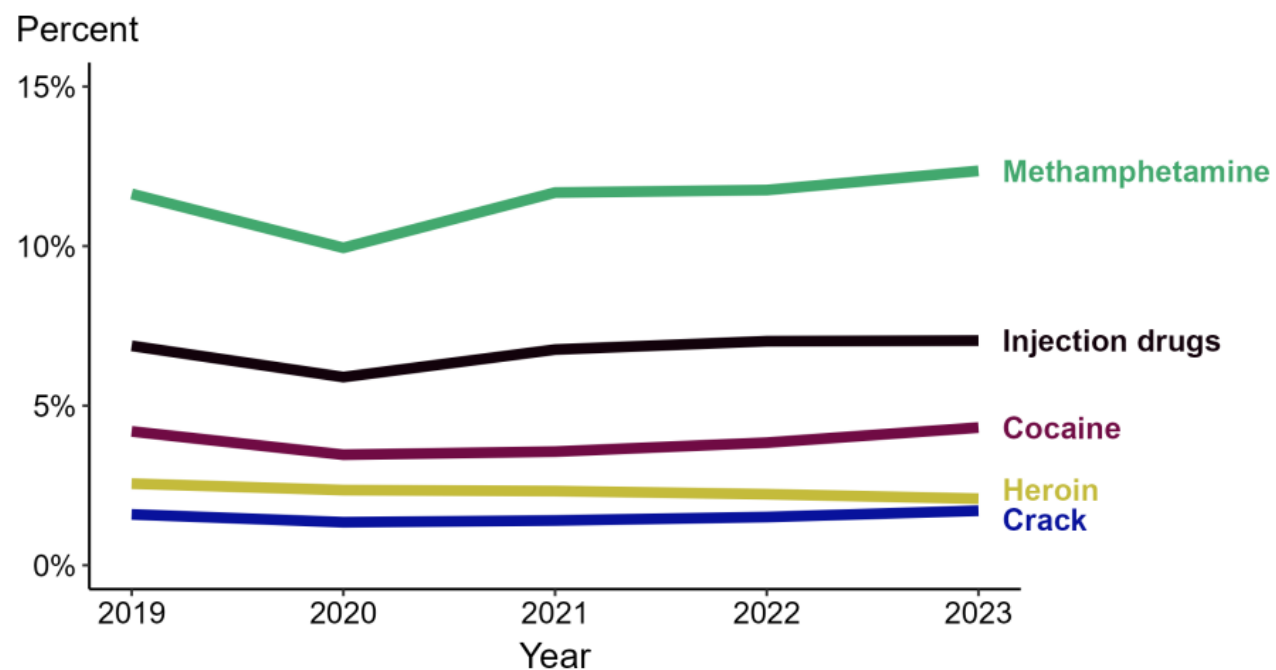
- Intersection of SUD and STI



Strategies: Condom Availability Programs (CAPs)

SUD AMONG PERSONS WITH SYPHILIS

Primary and Secondary Syphilis — Percentage of Cases Reporting Selected Substance Use Behaviors* by Year, United States, 2019–2023



- Talk chem sex
- Screen SUD

* Percentage reporting injection drug use, methamphetamine use, heroin use, crack use, or cocaine use within the last 12 months calculated among cases with known data (cases with missing or unknown responses were excluded from the denominator)

OTHER STI TO THINK ABOUT

- MPOX
 - Prevention - Vaccine
- Trichomonas
- Chancroid
- Donovanosis
- HPV
 - Vaccine
 - Anal paps

FIGURE. Characteristic monkeypox lesions* — United States, May 2022



*The rash associated with monkeypox involves firm, deep-seated, and well-circumscribed vesicles or pustules, which might umbilicate or become confluent. Lesions progress over time to scabs.

†Photo used with patient's permission.

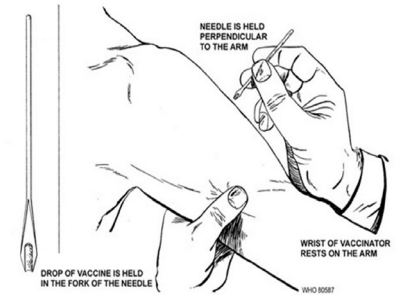


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PREVENTION

- Jynneos
 - Live but replication incompetent (safe in HIV, eczema)
 - Subcutaneous,
 - European vaccine, studied in 18 US sites
 - Approved 2019 for smallpox/monkeypox
 - Indication
 - Exposure to known case
 - Sex partner positive (In the last 2 weeks)
 - Gender minority with new STI/>1 partner/ commercial work/group sex
 - Partner at risk
 - Occupational exposure
 - Traveling to clade1 outbreak area



Intimate
contacts
within 4 days



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TRICHOMONAS VAGINALIS

- Metronidazole 500mg po bid*7 days
- Metronidazole 2g PO*1 for men
 - No routine screening
- Metronidazole 2g for any partners within the last 60 days
- Topicals exist, unreliable
- Metronidazole allergy
 - Metronidazole desensitization protocol
 - Cross reactivity with Tinidazole

Treatment failure

- Non Adherence
- Sex with untreated partner
- Retreatment

Management

- Culture sent to CDC
- Tinidazole PO + topical paramomycin *2 weeks (Workowski et al)
 - \$\$
 - Rx partner with Tinidazole



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ADVANCING STI CARE QUESTIONS

Kamla Sanasi-Bhola, MD, FIDSA

(She, her)

Associate Professor of Clinical Internal Medicine

Division of ID



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