OPIOID RISK PREVENTION PARTNERSHIP
BlueCross BlueShield of South Carolina is an independent licensee of the Blue Cross and Blue Shield Association.

Oh, this headache. Not again today.

The pain in my stomach isn’t going away. Could something worse be going on?

Dealing with pain and PTSD from my combat injury is so hard.

Managing acute pain is more complex these days.

This accident shouldn’t have destroyed my life, but now it’s just about the pills.

If I run out of my prescription, I may have to ask my cousin for some of his.

My knee surgery is next week. How will I manage when I get home?

It’s been 10 days and my right shoulder still really hurts.

The fall did a number on my ankle—I need to get into the doctor.

Together We Can Manage This
When faced with a patient with acute pain, consider the following:
- Establish that pain is to be expected
- Determine whether the patient has realistic expectations of function
- Educate the patient about non-pharmacologic approaches to pain relief

RESOURCES FOR YOU
- Pain Education Interactive Modules. Interactive presentations of cases on acute pain from the National Institutes of Health Pain Consortium bit.ly/PainModules

RESOURCES FOR YOUR PATIENTS
- When Seconds Count. An explanation of what acute pain is, how it is treated, and what to expect from the American Society of Anesthesiologists bit.ly/SecondsPain
- PAINS Project Resources. A snapshot of therapeutic approaches and self-management strategies from the PAINS Project website bit.ly/PainsProject

URLs are case sensitive