Navigating Life’s Journey

8:15 – 9:00  Registration/Continental Breakfast/Vendor Exhibits/Meet & Greet

9:00 – 9:15  Welcome:  John Ropp, MD, MBA

9:15 – 10:15  Plenary Session:
Carol Apt, PhD, MA, BA: Professor of Sociology at SC State University
Sex and Aging

10:15 – 10:45  Break/Vendor Exhibits

10:45 – 11:45  Breakout Sessions:
- Ashley Andrews, JD; LaFond Law Group, PA
  Guardianship and Legal Planning
- Maria Brown, Community Relations Representative, First Choice VIP Care Plus
  Fall Prevention: Staying Upright and At Home
- Dana Holtvoigt, BSSW, M.ed.
  Surviving Change

11:45 – 12:45  Lunch (Box Lunch provided)/Vendor Exhibits

12:45 – 1:45  Breakout Sessions:
- Ashley Andrews, JD; LaFond Law Group, PA
  Guardianship and Legal Planning
- Maria Brown, Community Relations Representative, First Choice VIP Care Plus
  Fall Prevention: Staying Upright and At Home
- Dana Holtvoigt, BSSW, M.ed.
  Surviving Change

1:45 – 2:00  Break/Vendor Exhibits

2:00 – 3:00  Plenary Session:
Maria Brown, First Choice VIP Care Plus, Community Relations Representative
Dementia Awareness

3:00 – 3:15  Evaluations/Raffle Drawings